

# Patient Registration

CURRENT DATE: \_\_/\_\_/\_\_

Patient ID: \_\_\_\_\_ Chart ID: \_\_\_\_\_  Mr.  Mrs.  Ms  Dr. *Other:* \_\_\_\_\_

**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_ **Middle Initial** \_\_\_\_\_

Other Physician Name \_\_\_\_\_

<b>Responsible Party</b> (If someone other than the patient) Name _____
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<b>Patient Information</b>			
Street Address _____			
City, State, Zip _____			
Home Phone _____	Work Phone _____	Ext. _____	Cell Phone _____
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input type="checkbox"/> Single	<input type="checkbox"/> Divorced <input type="checkbox"/> Separated	<input type="checkbox"/> Widowed
Birth Date _____	Soc Sec # _____		
E-mail _____	Spouse Name _____		
<input type="checkbox"/> Employed	Student Status	<input type="checkbox"/> Full Time <input type="checkbox"/> Part Time	Height: Feet ____ Inches ____

## INSURANCE INFORMATION

<b>Primary Insurance Information</b>			
First Name of Insured _____	Last Name _____	Middle Initial _____	
Policy/Group No. _____	Relationship to insured		<input type="checkbox"/> Self <input type="checkbox"/> Spouse
Insurance ID No. _____	Insurance Plan or Program Name _____	<input type="checkbox"/> Child <input type="checkbox"/> Other	
Insured Birth Date _____			
Employer _____	Ins. Company _____		
<i>Insured Address if different than patient's</i>	Street Address _____		
Street Address _____	_____		
City, State, Zip _____	City, State, Zip _____		

<b>Secondary Insurance Information</b>			
First Name of Insured _____	Last Name _____	Middle Initial _____	
Policy/Group No. _____	Insurance Plan or Program Name _____		
Insured Birth Date _____	Sex: _____	Insurance ID No. _____	
Employer _____	Ins. Company _____		
<i>Insured Address if different than patient's</i>	Street Address _____		
Street Address _____	_____		
City, State, Zip _____	City, State, Zip _____		

# Medical History Questionnaire

OFFICE USE Patient ID: _____
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NAME: \_\_\_\_\_  
First Middle Initial Last

FORM DATE: \_\_/\_\_/\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

This questionnaire was designed to provide important facts regarding the history of your pain or condition. The information you provide will assist in reaching a diagnosis and determining the source of your problem. Please take your time and answer each question as completely and honestly as possible. Please sign each page.

## LIST ANY MEDICATIONS/SUBSTANCES WHICH HAVE CAUSED AN ALLERGIC REACTION:

Y	<input type="checkbox"/>	N	<input type="checkbox"/>	No known allergens
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Antibiotics
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Aspirin
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Barbiturates
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Codeine

Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Iodine
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Latex
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Local anesthetics
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Metals
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Penicillin

Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Plastic
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Sedatives
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Sleeping pills
Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Sulfa drugs

Other \_\_\_\_\_

## LIST ANY MEDICATIONS CURRENTLY BEING TAKEN:

Medication name	Dosage/ Frequency	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Other Items: \_\_\_\_\_

## MEDICAL HISTORY: (Please indicate dates on items marked past)

Medical condition	Never	Current	Past	If past, enter date	Medical condition	Never	Current	Past	If past, enter date
Acid reflux	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Insomnia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Adenoids Removed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Intestinal disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Irregular heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Jaw joint surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Kidney problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Autoimmune disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Arteriosclerosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Low energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bleeding easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Meniere's disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blood pressure - High	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Menstrual cramps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blood pressure - Low	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Mitral valve prolapse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bruising easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Multiple sclerosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Muscle aches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chemotherapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Muscle shaking (tremors)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chronic cough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Muscle spasms or cramps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chronic fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Muscular dystrophy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chronic pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Nasal allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chronic sinus problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Needing extra pillows to help breathing at night	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
COPD	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Nervous system irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cold hands and feet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Nervousness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
CPAP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____					

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Medical condition	Never	Current	Past	If past, enter date
Current pregnancy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty concentrating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dizziness/Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Excessive thirst	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fibromyalgia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fluid retention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Frequent cough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Frequent illnesses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Frequent stressful situations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Gastrointestinal Reflux Disease (GERD)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
General anesthesia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Gout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hay fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hearing impaired	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart murmur	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart pacemaker	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart valve replacement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hemophilia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Immune system disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Injury to face	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Injury to mouth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Injury to neck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Injury to teeth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Medical condition	Never	Current	Past	If past, enter date
Neuralgia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Numbness of fingers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Ovarian cysts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Parkinson's disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Poor circulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Prior orthodontic treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Psychiatric care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Radiation treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Restless leg syndrome	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rheumatic fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rheumatoid arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Scarlet fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Scoliosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sinus problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Skin disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sleep apnea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Slow healing sores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Speech difficulties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Swelling in ankles or feet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Swollen, stiff or painful joints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tendency for frequent colds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tendency for ear infections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tendency for sore throats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Thyroid disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tinnitus/Ringing in the ears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tired muscles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tonsils Removed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tumors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Urinary disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Wisdom teeth extracted	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Other	Current	Past	If past, enter date
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____

	Current	Past	If past, enter date
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____

**ADDITIONAL MEDICAL HISTORY ITEMS:**

	Never	Current	Past	If past, enter date
Recreational drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

	Never	Current	Past	If past, enter date
HIV/AIDS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

**LIST ANY SURGICAL OPERATIONS YOU HAVE HAD:**

Y <input type="checkbox"/>	N <input type="checkbox"/>	Appendectomy	Y <input type="checkbox"/>	N <input type="checkbox"/>	Heart	Y <input type="checkbox"/>	N <input type="checkbox"/>	Thyroid
Y <input type="checkbox"/>	N <input type="checkbox"/>	Back	Y <input type="checkbox"/>	N <input type="checkbox"/>	Hernia repair	Y <input type="checkbox"/>	N <input type="checkbox"/>	Tonsillectomy
Y <input type="checkbox"/>	N <input type="checkbox"/>	Ear	Y <input type="checkbox"/>	N <input type="checkbox"/>	Lung	Y <input type="checkbox"/>	N <input type="checkbox"/>	Uvulectomy
Y <input type="checkbox"/>	N <input type="checkbox"/>	Gallbladder	Y <input type="checkbox"/>	N <input type="checkbox"/>	Nasal	Y <input type="checkbox"/>	N <input type="checkbox"/>	Periodontal

Other \_\_\_\_\_

**FAMILY HISTORY** Has any member of you family had (parent, sibling or grandparent):

<input type="checkbox"/> Yes <input type="checkbox"/> No	Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Obesity
<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid disorder
<input type="checkbox"/> Yes <input type="checkbox"/> No	Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Father snores
<input type="checkbox"/> Yes <input type="checkbox"/> No	High blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	Mother snores
<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	Father has sleep apnea
<input type="checkbox"/> Yes <input type="checkbox"/> No	Sleep disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	Mother has sleep apnea

**SOCIAL HISTORY:**

Patient's Occupation \_\_\_\_\_ Employer \_\_\_\_\_

**Tobacco Use:** Cigarettes  Never smoked

<input type="checkbox"/> Current smoker # packs per day _____ # of years _____	<input type="checkbox"/> Quit When did you quit? _____
--	--

Other tobacco:  Pipe  Snuff  Cigar  Chew

**Alcohol Use:** Do you drink alcohol?  Yes  No If yes, # of drinks per week: \_\_\_\_\_

**Caffeine Intake:**  None  Coffee/Tea/Soda # cups per day: \_\_\_\_\_

**Additional:**  Yes  No Regular exercise \_\_\_\_\_ Number of children: \_\_\_\_\_

I authorize the release of a full report of examination findings, diagnosis, treatment program etc., to any referring or treating dentist or physician. I additionally authorize the release of any medical information to insurance companies or for legal documentation to process claims. I understand that I am responsible for all charges for treatment to me regardless of insurance coverage.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

I certify that the medical history information is complete and accurate.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Sleep Consultation

OFFICE USE Patient ID: _____
---------------------------------

NAME: \_\_\_\_\_  
First Middle Initial Last

CURRENT DATE: \_\_/\_\_/\_\_

DATE OF BIRTH: \_\_\_\_\_  MALE  FEMALE

Referring Physician: \_\_\_\_\_

**Number**

*Continued...*

#1 = the most severe symptom

- \_\_\_\_\_ CPAP intolerance
- \_\_\_\_\_ Difficulty falling asleep
- \_\_\_\_\_ Fatigue
- \_\_\_\_\_ Frequent heavy snoring
- \_\_\_\_\_ Frequent heavy snoring which affects the sleep of others

- \_\_\_\_\_ Gasping when waking up
- \_\_\_\_\_ Nighttime choking spells
- \_\_\_\_\_ Significant daytime drowsiness
- \_\_\_\_\_ Sleepiness while driving
- \_\_\_\_\_ Witnessed apneic events

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## THE EPWORTH SLEEPINESS SCALE

How likely are you to doze off or fall asleep in the following situations?

✓ Check one in each row:	0 No chance of dozing	1 Slight chance of dozing	2 Moderate chance of dozing	3 High chance of dozing
Sitting and reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watching TV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting inactive in a public place (i.e. a theater or a meeting)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a passenger in a car for an hour without a break	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying down to rest in the afternoon when circumstances permit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting and talking to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting quietly after a lunch without alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In a car, while stopping for a few minutes in traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Total Score: \_\_\_\_\_ (Add columns 0-3)

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

# FATIGUE SCALE

During the past week:

No <<

>> Yes

	1	2	3	4	5	6	7
I felt fatigued and had less motivation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigued and did not desire to exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigued often . . . . .	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigue that interfered with my physical functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigued which caused me frequent problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigued which prevented sustained physical functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I felt fatigued and couldn't carry out certain duties and responsibilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue was among my three most disabling symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue interfered with my work, family or social life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Total Score: \_\_\_\_\_

# Berlin Questionnaire Sleep Evaluation

category 1

1. Complete the following:

Height \_\_\_ ft \_\_\_ in

Weight \_\_\_ Age \_\_\_

2. Do you snore?

- yes
- no
- don't know

**If you snore:** (Answer questions 3-6)

3. Your snoring is?

- slightly louder than breathing
- as loud as talking
- louder than talking
- very loud. Can be heard in adjacent rooms

4. How often do you snore?

- nearly every day
- 3-4 times a week
- 1-2 times a week
- 1-2 times a month
- never or nearly never

5. Has your snoring ever bothered other people?

- yes
- no

6. Has anyone noticed that you quit breathing during your sleep?

- nearly every day
- 3-4 times a week
- 1-2 times a week
- 1-2 times a month
- never or nearly never

category 2

7. How often do you feel tired or fatigued after your sleep?

- nearly every day
- 3-4 times a week
- 1-2 times a week
- 1-2 times a month
- never or nearly never

8. During your waketime, do you feel tired, fatigued or not up to par?

- nearly every day
- 3-4 times a week
- 1-2 times a week
- 1-2 times a month
- never or nearly never

9. Have you ever nodded off or fallen asleep while driving a vehicle?

- yes
- no

*If yes, how often does it occur?*

- nearly every day
- 3-4 times a week
- 1-2 times a week
- 1-2 times a month
- never or nearly never

10. Do you have high blood pressure?

- yes
- no
- don't know

category 3

(For office use)

Scoring Questions: Any answer within the box is a positive response

Scoring categories

- Category 1 is positive with 2 or more positive responses to questions 2-6
- Category 2 is positive with 2 or more positive responses to questions 7-9
- Category 3 is positive with 1 positive response and/or a BMI > 30

Score: \_\_\_

(BMI = Body Mass Index)

Final Result: 2 or more possible categories indicates a high likelihood of sleep disordered breathing.

## SLEEP STUDIES

Have you ever had an evaluation at a Sleep Center?  Yes  No

Home Sleep Study  Polysomnographic evaluation performed at sleep disorder center

Sleep Center Name \_\_\_\_\_

Sleep Study Date \_\_\_\_\_

### FOR OFFICE USE ONLY

The evaluation confirmed a diagnosis of  moderate obstructive sleep apnea

severe obstructive sleep apnea

The evaluation showed  mild obstructive sleep apnea

	during REM	Supine	Side
an RDI of _____	_____	_____	_____
an AHI of _____	_____	_____	_____

a nadir SpO2 of \_\_\_\_\_ T90 \_\_\_\_\_ ODI (Oxygen Desaturation Index)

Slow Wave Sleep  Decreased  None

REM Sleep  Decreased  None

## CPAP Intolerance (Continuous Positive Airway Pressure device)

If you have attempted treatment with a CPAP device, but could not tolerate it please fill in this section:

\_\_Yes \_\_No Mask leaks

\_\_Yes \_\_No Inability to get the mask to fit properly

\_\_Yes \_\_No Discomfort from headgear

\_\_Yes \_\_No Disturbed or interrupted sleep

\_\_Yes \_\_No Noise disturbing sleep and/or bed partner's sleep

\_\_Yes \_\_No CPAP restricted movements during sleep

\_\_Yes \_\_No CPAP does not seem to be effective

\_\_Yes \_\_No Pressure on the upper lip causing tooth related problems

\_\_Yes \_\_No Latex allergy

\_\_Yes \_\_No Claustrophobic associations

\_\_Yes \_\_No An unconscious need to remove the CPAP

\_\_Yes \_\_No Does not resolve symptoms

\_\_Yes \_\_No Noisy

\_\_Yes \_\_No Cumbersome

Other \_\_\_\_\_

## OTHER THERAPY ATTEMPTS

What other therapies have you had for breathing disorders?

\_\_Yes \_\_No Dieting

\_\_Yes \_\_No Weight loss

\_\_Yes \_\_No Surgery (Uvuloplasty)

\_\_Yes \_\_No Surgery (Uvulectomy)

\_\_Yes \_\_No Pillar procedure

\_\_Yes \_\_No Smoking cessation

\_\_Yes \_\_No CPAP

\_\_Yes \_\_No BiPap

\_\_Yes \_\_No Uvulectomy (but continues to have symptoms)

\_\_Yes \_\_No Uvuloplasty (but continues to have symptoms)

Other \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_



# SLEEP HISTORY

## Previous Diagnosis

Yes  No Have you been previously diagnosed with Obstructive Sleep Apnea?

If Yes, how long ago was it? \_\_\_\_\_  Years ago  Months ago  Days ago  
*number*

## Sleep:

How long does it take you to fall asleep? \_\_\_\_\_ minutes

Normally goes to bed at \_\_\_\_\_  AM  PM

Hours of sleep per night \_\_\_\_\_ hours

Sleep aid  Yes  No

If yes, name that medication \_\_\_\_\_

\_\_\_Yes \_\_\_No Bruxism

\_\_\_Yes \_\_\_No Dry mouth

\_\_\_Yes \_\_\_No Excessive movements

\_\_\_Yes \_\_\_No Gasping

\_\_\_\_\_ Getting up <number of times> per night

\_\_\_Yes \_\_\_No Hypnagogic Hallucinations

\_\_\_Yes \_\_\_No Restless legs

\_\_\_Yes \_\_\_No Waking up and having difficulty returning to sleep

\_\_\_Yes \_\_\_No Dreaming

\_\_\_\_\_ Frequency of nocturnal urination (# of times)

## Witnessed apneas are:

\_\_\_Yes \_\_\_No Worse during supine sleep

\_\_\_Yes \_\_\_No Worse following alcohol late at night

## Wake

Sleepiness while driving  Yes  No

\_\_\_\_\_ Risks discussed  Yes  No

The patient:

\_\_\_Yes \_\_\_No Awakens unrefreshed

\_\_\_Yes \_\_\_No Has morning headaches

\_\_\_\_\_ Naps

\_\_\_\_\_ (Choose ONE from below)

\_\_\_\_\_ naps daily

\_\_\_\_\_ never napping

\_\_\_\_\_ occasionally naps

## Snoring is reported as:

\_\_\_\_\_ Frequency

\_\_\_\_\_ (Choose ONE from below)

\_\_\_\_\_ seldom

\_\_\_\_\_ never

\_\_\_\_\_ daily

\_\_\_\_\_ often

\_\_\_\_\_ Severity

\_\_\_\_\_ (Choose ONE from below)

\_\_\_\_\_ light

\_\_\_\_\_ moderate

\_\_\_\_\_ loud

\_\_\_Yes \_\_\_No Worse during supine sleep

\_\_\_Yes \_\_\_No Worse following alcohol late at night

I authorize the release of a full report of examination findings, diagnosis, treatment program etc., to any referring or treating dentist or physician. I additionally authorize the release of any medical information to insurance companies or for legal documentation to process claims. I understand that I am responsible for all charges for treatment to me regardless of insurance coverage.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

I certify that the medical history information is complete and accurate.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Notice of Privacy Practices

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**Purpose:** This form, Notice of Privacy Practices, presents the information that federal law requires us to give our patients regarding our privacy practices. { Note: this form may need to be changed to reflect the dental practice's particular privacy policies and/or stricter state laws. }

We must provide this Notice to each patient beginning no later than the date of our first service delivery to the patient, including service delivered electronically, after April 14, 2003. We must make a good-faith attempt to obtain written acknowledgement of receipt of the Notice from the patient. We must also have the Notice available at the office for patients to request to take with them. We must post the Notice in our office in a clear and prominent location where it is reasonable to expect any patients seeking service from us to be able to read the Notice. Whenever the Notice is revised, we must make the Notice available upon request on or after the effective date of the revision in a manner consistent with the above instructions. Thereafter, we must distribute the Notice to each new patient at the time of service delivery and to any person requesting a Notice. We must also post the revised Notice in our office as discussed above.

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{ NAME OF PRACTICE }

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# NOTICE OF PRIVACY PRACTICES

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THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.  
THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.

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## OUR LEGAL DUTY

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 01 / 01 / 15, and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

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## USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family and Friends:** We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information for marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information when we are required to do so by law.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

National Security: We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody of protected health information of inmate or patient under certain circumstances.

Appointment Reminders: We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, or letters).

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#### PATIENT RIGHTS

Access: You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we will charge you \$0.25c for each page, \$15.00 per hour for staff time to copy your health information, and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. Contact us using the information listed at the end of this Notice for a full explanation of our fee structure.)

Disclosure Accounting: You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years, but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

Restriction: You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

Alternative Communication: You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. (You must make your request in writing.) Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

Amendment: You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

Electronic Notice: If you receive this Notice on our Web site or by electronic mail (e-mail), you are entitled to receive this Notice in written form.

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#### QUESTIONS AND COMPLAINTS

If you want more information about our privacy practices or have questions or concerns, please contact us.

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information or to have us communicate with you by alternative means or at alternative locations, you may complain to us using the contact information listed at the end of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services upon request.

We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.

Contact Officer: Mark W. Langberg

Telephone: 248 356-8790

Fax: 248 356-8793

E-mail: drlangberg@drlangberg.com

Address: 26206 W. 12 Mile Rd. Ste 303, Southfield MI48034

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This Form is educational only, does not constitute legal advice, and covers only federal, not state, law (August 14, 2002).

MARK W LANGBERG DDS, MAGD, PC  
26206 W. 12 MILE RD, STE 303  
SOUTHFIELD, MI 48034  
(248)356-8790

**We are grateful you have chosen us. Please help us learn more about our web presence.**

How did you hear about us? \_\_\_\_\_

If you found us on the internet, how did you search? \_\_\_\_\_

Google \_\_\_\_\_ Yahoo \_\_\_\_\_ Bing \_\_\_\_\_ Angie's List \_\_\_\_\_ Other \_\_\_\_\_

What specific search words did you use? \_\_\_\_\_

What about our website attracted you? \_\_\_\_\_

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### **Acknowledgement of Receipt of this Practices Privacy Notice**

I acknowledge that I have been given the choice of reviewing the Notice of Privacy Practices of this office. I am aware that I may receive a paper copy of this notice if I request it. In addition, I acknowledge that the Notice of Privacy Practice is kept in each treatment room of the office where I can review it if desired.

\_\_\_\_\_  
Patient or Patient Representative or Parent

\_\_\_\_\_  
Date

(If patient representative signs above, please include relationship to patient)

**The patient presented for treatment on this date and was provided with the Practice Privacy Notice. A good faith effort was made to obtain written acknowledgement of receipt. A written acknowledgement was not obtained because:**

\_\_\_\_ Patient refused to sign, with the reason \_\_\_\_\_

\_\_\_\_ Patient is unable to sign due to \_\_\_\_\_

\_\_\_\_ There was a medical emergency preventing timely signature, and an attempt will be made to obtain acknowledgement later.

\_\_\_\_ Other \_\_\_\_\_

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_